



St James' Church of England Junior School



Healthy Schools

Working with Cumbria Constabulary



Blake Street
Barrow-in-Furness
Cumbria LA14 1NY
Tel: 01229 833610
Tel/Fax: 01229 813180

Head Teacher: Miss A Rawlinson

Email: office@stjamesjun-bif.cumbria.sch.uk

Website: www.stjamesjun-bif.cumbria.sch.uk

CONISTON WATER PARK VISIT

Staff Members

The Residential will be led by Mrs Merritt with Mr Reid, Mrs Scott and Miss Rushton.

The Water Park is run by **Rodger Ward** (Centre Head) with his Deputy, **Chris Harvey**. There are many tutors who will lead each of the groups and the activities every day.

Group names

Brown Pike

Coniston

Wetherlam

Swirl How

The School Staff will join in and support each group and supervise all the other activities such as meal times, washing up, setting tables and making sandwiches.

The Water Park Staff will organise an evening activity and the school staff another. Before the residential there will be some preparation activities for the children so they can make the most of their time at the Water Park.

The final meeting before the Coniston Water Park Residential will be held after the 'Meet the Teacher Session' on Wed 13th September but if you have any queries please contact school.

Please complete the medical consent form and return it to school as soon as possible .

Yours sincerely

Miss Rawlinson
Head Teacher

Mrs Merritt
Lead Teacher Coniston Water Park Residential





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CONISTON WATER PARK VISIT - INFORMATION FOR PARENTS/CARERS

MEALS

Lunch is provided on the first day each group arrives and packed lunches are provided throughout the stay.

All that is required is an empty packed lunch box to carry lunch and an empty drinks bottle which they can fill up. Please make sure these are named.

Breakfast - fruit juice, cereal and milk and either cooked breakfast or croissants

Evening meal - meals such as pizza, fish and chips and burgers (salad, baked beans and veg) jelly and ice cream, doughnuts, cake and custard.

Hot drink and biscuits before bed.

As at school good manners are essential and everyone helps out by laying the tables, serving the food, clearing away, washing up and preparing the dining room for the next meal. Everyone prepares their own packed lunch using the huge variety of breads and fillings provided.

Sweets and food are not allowed in the bedrooms but as you can see from the previous photos and on the school website the food is plentiful and delicious at the Water Park and there are prizes (sweets) for the evening activities. The Cooks are wonderful and very obliging and cater for all dietary needs.

CLOTHING

Waterproof cagoules / leggings and outdoor footwear (wellies and boots) are provided for all outdoor activities so children only need to bring outdoor trainers and a warm coat. **Children must be responsible for Water Park equipment though as anything lost has to be paid for.**

The week may be wet and cold so the children need to dress appropriately but please do not buy anything new. **Please ensure that clothes, towels and equipment have some form of identification on them (initials on labels).**

Socks (**several pairs**)

Underwear - vest or t-shirt for warmth

Night wear - pyjamas / dressing gown

For indoor wear - pair of plimsolls / trainers - specifically for indoor wear (named please)

Trainers (for travelling and when not doing outdoor activities)

Coat

Trousers (tracksuit bottoms or similar / thick leggings, not jeans as they get wet and cold)

Jumpers/Tracksuit tops

T-shirts

Hat and gloves

Toothbrush toothpaste soap shampoo hairbrush/comb towel

Torch plastic bag for dirty washing

Packed Lunch Box and drinks bottle





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CONTACT

No mobile phones are allowed on the trip but staff will be contacting school each morning. Photographs will be placed on Twitter so you can follow what the children are doing on a daily basis.

The visit is very structured and activities are arranged throughout the stay, therefore, children should not bring any electronic handsets e.g. DS, PSP etc. as these are too expensive to lose or get broken! They may bring comics, annuals, books etc. to read before bed.

WATER PARK RULES

- Walking only in the house
- Indoor shoes must be worn in the house
- Bedrooms kept tidy (all areas of the Water Park should be kept tidy)
- Litter to be put in bins
- Be responsible for your belongings - put them away or hang them up on your peg
- Good manners at all times and help out
- Try all food → show respect for the Cooks and the Water Park Tutors
- Our Three Main Words are very important at the Water Park **CARE SHARE and RESPECT**

ROOMS

The bedrooms sleep 2, 3, 4 or 5 per group and have washbasins, cupboards, wardrobes and storage boxes under the beds. They are very luxurious just like a hotel and so must be kept clean and tidy during the stay. There is a Boys' Bedroom Area and Girls' Bedroom Area upstairs which have toilets and showers (there are further toilets and showers downstairs). Staff are on the same floor and their bedroom doors are labelled. Boys and Girls have their own changing rooms and drying rooms on the ground floor and there is a large dining room, kitchen, library and drawing room where many activities are held.

MEDICINES

Any travel sickness tablets need to be in a sealed envelope, named with full instructions and signed.

Any medication must be handed to staff on the morning of departure plus full instructions and a letter of permission. **Please check inhalers are in date and full.**

From previous experience we know that everyone will have a most fantastic fun packed few days, however, it is absolutely crucial that everyone behaves themselves, listens to instructions and do as they are told if they are to gain the full enjoyment that the Water Park offers.

